

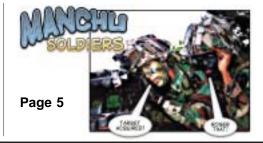
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June 10, 2005

ADA Soldiers learn Combat Lifesave skills Page 3





The Morning Calm Weekly is



Visit http://ima.korea.army.mil

Military tops public confidence list in new Gallup Poll

By Donna Miles

American Forces Press Service

WASHINGTON – The American public has more confidence in the military than in any other institution, according to a Gallup poll released last week.

Seventy-four percent of those surveyed in Gallup's 2005 confidence poll said they have "a great deal" or "quite a lot" of confidence in the military - more than in a full range of other government, religious, economic, medical, business and news organizations.

The poll, conducted between May 23 and 26, involved telephone interviews with a randomly selected sample of 1,004 people 18 and older, Gallup officials said. Those surveyed expressed strong confidence in the military, with 42 percent expressing "a great deal" of confidence in the military and 32 percent, "quite a lot" of confidence. Eighteen percent said they have "some" confidence, 7 percent, "very little," and 1 percent, "none."

Public confidence in the military jumped following the terrorist attacks of Sept. 11, 2001, and has remained consistently high, Gallup officials noted. The 2002 survey reflected a 13 percent increase in confidence in the military over the previous year's poll. The public expressed a 79 percent high-confidence rate in the military in 2002, an 82 percent rate in 2003, and a 75 percent rate in 2004.

This year's 74 percent confidence level exceeded that of all 15 institutions included in the 2005 survey. Police ranked second, with 63 percent of responders expressing "a great deal" or "quite a lot" of confidence in them. Organized religion rated third, with 53 percent of responders expressing high confidence, and banks rated a 49 percent high-confidence rate.

Health maintenance organizations bottomed out the list, with just 17 percent of responders expressing high confidence in them. Big business and Congress tied for the second- and third-lowest rankings.

The Gallup organization noted that public trust in television news and newspapers reached an all-time low this year.

Japanese, South Korean ministers discuss North's nuclear threat

By Jim Garamone

American Forces Press Service

SINGAPORE - Korean and Japanese defense ministers Saturday called on North Korea to return to the Six-Party Talks aimed at ending North Korea's push for nuclear weapons. Yoshinori Ohno, the Japanese minister of state for defense, and Yoon Kwang Ung, the Korean minister for national defense, expressed confidence that North Korea will return to the talks. Both agreed that all nations of the region must exert pressure on North Korea, and that the problem with North Korea must be negotiated.

The men spoke at the Shangri-La Dialogue here. The International Institute of Strategic Studies sponsors the annual defense conference.

On Feb. 10, North Korea said that it possessed nuclear weapons. The country had broken away from the



Chairman of the Joint Chiefs of Staff Air Force Gen. Richard B. Myers shakes hands with a member of the Japanese delegation during the fourth International Institute for Strategic Studies Asia Security Conference, the Shangri-La Dialogue, in Singapore, June 4. agreed framework negotiated in 1994, and had begun uranium enrichment in October 2003. China, Russia, Japan, South Korea and the United States worked to negotiate a settlement with the north on nuclear disarmament and weapons proliferation. North Korea walked away from the talks, and the five nations have been trying to get the insular country to return to the discussions.

Ung said the Republic of Korea will not "tolerate a nuclear weapons development program by the North Koreans under any circumstances whatsoever," and that the North Korean nuclear issue "must be peacefully resolved through dialogue."

He said South Korea will continue to use inter-Korean channels to reason with North Korea. He said possession of nuclear weapons will not guarantee regime stability and will worsen North

See **Nuclear**, Page 4

Dongducheon Fun Run

At Right: First Sgt. James Blake, Headquarters and Headquarters Company, Division Support Command, warms up for a Saturday fun run near the Camp Nimble water tower in Dongducheon. Below: About 200 Korean and American runners participate in the 10-kilometer race, an annual good neighbor event held in the Camp Casey Enclave. For more photos of the event, see Page 6.





Commentary

MP Blotter

The following entries were excerpted from the past several weeks military police blotters. These entries may be incomplete and do not determine the guilt or innocence of any person.

- While monitoring closed circuit television, military police noticed a physical altercation between two Soldiers. Town patrol revealed through further investigation the two Soldiers became involved in a verbal altercation that turned physical when the first Soldier struck the second Soldier in the face with a closed fist. MPs detained the first Soldier and escorted him to the MP station for further processing. While attempting to detain the second Soldier he became physical with the MPs, pushing them away. He was placed in hand irons and escorted to the MP station for further processing. Due to the Soldiers' suspected level of intoxication they were not advised of their legal rights, and were transported to a local medical facility for a commanddirected blood alcohol test. They were then released to their unit and later returned to the MP station to be advised of their legal rights. Investigation continues by MPI.
- Military Police were notified of an assault. Preliminary investigations disclosed that a Soldier and his spouse were involved in a verbal altercation which turned physical when the Soldier's spouse threw a 6-inch steak knife at the Soldier, missing him. She was then apprehended and transported to the military police station where she was advised of her legal rights which she invoked, requesting not to be questioned or say anything. Sh e was then released on her own recognizance. Investigation continues by MPI.
- Military Police were notified of a larceny of AAFES property. Preliminary investigation disclosed that a Soldier was observed over closed circuit television placing a DVD inside of his shirt and exiting the store without rendering proper payment. The Soldier was detained by store security until arrival of the military police. He was then transported to the MP station where he was advised of his legal rights, which he waived, rendering a written sworn statement admitting to the incident. The Soldier was further processed and released to his unit. All property was returned.

Court Martial

United States v. Capt. Richard C. Corbin Jr. Monday, Capt. Richard C. Corbin Jr., Headquarters and Headquarters Company, Eighth U.S. Army, was tried in a general courts-martial. The military judge found the accused guilty of performing indecent acts with a drunk enlisted Soldier in public on two separate occasions, fraternizing with two female enlisted Soldiers, and violating a general lawful order by breaking curfew.

The accused was sentenced to be dismissed from the United States Army and to be confined for nine months.

Take advantage ...

Use free educational opportunities

By Pfc. Clint Stein

Fort Carson Public Affairs

When I first considered joining the Army a little more than two years ago, one of the many appealing incentives my recruiter explained to me was the opportunity to receive a college education for free.

I had voluntarily quit college a few years prior to joining and regretted it ever since, so receiving a college degree became a high priority after I joined, and I can't believe how easy it is to do.

What amazes me the most about the programs the Army has available is that many Soldiers do not take advantage of these opportunities.

I hear so many excuses from Soldiers as to why they aren't taking a college correspondence course or a night class at the local community college, and yet none of them seem to clarify my bewilderment.

I think, or at least hope, that many of them don't know how easy it can be to receive a college education while serving full time on active duty. I admit the reason I waited almost a year before I started taking courses was because I thought it would be a tremendous hassle. I thought I would be spending weeks filling out paperwork a mile high and getting a dozen different signatures from everyone in my chain of command.

Yet, I couldn't have been more wrong about the process, and could kick myself for waiting as long as I did to start.

After nearly a year of procrastinating, I finally took the initiative and went to the education center to inquire about how to get started on my college degree. The education counselor who met with me explained, in step-by-step detail, what I needed to do before I could call myself a college graduate.

Soon, after following the advice of the counselor and getting a single signature from my company commander, I was enrolled in college again — An important step that seemed too simple to have waited.

Although I have paid into the Montgomery GI Bill in order to help pay for schooling after I get out of the military, there is no good reason why I shouldn't take advantage of the free tuition now.

Some Soldiers want to wait until they get out of the military before they go to college, and that's fine, but like the old saying goes,

"Don't put off something for tomorrow that you can do today."

And for those people who think a college education

important, it may not be to you now, but I have witnessed firsthand how important having a little piece of paper

As a college dropout, I realized in the "real world" I

always be a middle manager hitting a glass ceiling. I was told

I had the experience, but needed the education to go with it if I were to really succeed professionally.

The average yearly salary difference between a person with a high school diploma and a person with a college degree is about \$10,000 to \$15,000, according to the College Board. That equates out to be roughly \$1 million more for the college graduate over a lifetime of employment.

It may not seem right or even fair, but in the real world, that's how it works.

Unless you inherit a lot of money, get really lucky playing the lotto or have a rich uncle that can "hook you up" in his business, a college education has the better odds of getting you a higher paying career.

The Army has so many incentives to get Soldiers to take advantage of the educational programs it offers. It would be a shame to let those opportunities slip away because you thought it would be too much trouble or not worth investing your time in. But there is no greater investment than the investment in yourself and a college education does just that — it's easier than you think.

Pfc. Clint Stein is a staff writer at the Fort Carson Mountaineer.

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Support and Defend

NEWS & NOTES

AFCEA International Luncheon

AFCEA International "Land of the Morning Calm" Chapter 169, will host a luncheon from 11:30 a.m. to 1 p.m. Monday at the Naija Ballroom, Dragon Hill Lodge, Yongsan Garrison. Guest speaker for the event is Cindy Moran, 1star equivalent, SES from DISA. She is the Deputy or Vice Director to the Strategic, Planning and Information Directorate.

Cost of the buffett luncheon is \$14. RSVP to Ronald Killebrew, at 725-5413, or killebrewr@korea.army.mil

Combined Joint Staff Seeks Command Narrator

The Secretary Combined Joint Staff is seeking a command narrator. The narrator performs duties for all UNC/CFC/USFK Honor Guard and Award Ceremonies. The narrator must possess the ability to speak clearly. Bearing, English professional image and ability to quickly adapt to changing situations is a must. The ability to communicate with foreign dignitaries, general officers and distinguished visitors is essential. The narrator position is open to 0-1 through 0-3 and E5 through E7. Interested personnel may contact Maj. Floyd, at 723-5227 or Sgt. Maj. Shirley Garrett, at 723-3615 to set up an interview.

Changes in Ration Control Registration

The USFK will require that all family members, including children under 10 years of age, be registered in the Defense Biometric Identification System. Registering all family members will allow USFK to make a better estimate of the Department of Defense affiliated noncombatant population for NEO. This registration initiative will also provide the USFK ration control system with accurate family size information to more accurately determine if commissary spending limits are being exceeded.

To register in DBIDS, report to any DBIDS registration desk. For children without an ID card, the sponsor or parent must present the parent or sponsor's DoD ID card and an original/certified copy of the child's birth/adoption certificate. The child's passports are a suitable substitute for birth certificates if it's not available.

Correction

In the June 3 edition of The Morning Calm Weekly, a photograph on Page 10 identified the losing team of a KATUSA and U.S. Soldier Week tug-of-war match as Soldiers from the 8th Military Police Brigade. The 8th MP Bde. team won the event and was undefeated in the competition.

Angels on the Battlefield

ADA Soldiers learn lifesaving skills

By 2nd Lt. Neia Powell

1-43 ADA Battalion Public Affairs

SUWON AIR BASE -- They have only one mission, one calling: To save lives. Their constant training has played a significant role in all training exercises, and in real-world missions. The combat lifesavers of the 1-43 Air Defense Artillery Battalion train to impact the outcome of these missions.

May 19-21 the medics in charge of CLS training conducted one of the largest classes of the year. With over 50 Soldiers recertifying, and more than 15 new trainees, the medics of 1-43 ADA had their hands full.

Training Soldiers to be combat lifesavers is an important task. CLS skills could make the difference between life and death on the battlefield. But the skills are perishable and must be maintained.

"The 1-43 ADA Bn. believes that every Soldier may be called upon to render life-saving, emergency assistance during war and peace time operations," said Capt. Anna Ferguson, battalion medical officer.

During their training, CLS hopefuls are tested on not only medical tasks. but on their ability to perform under



Air defenders from 1-43 ADA Bn., react to, and treat simulated casualties during their training at Suwon Air Base May 19-21.



As part of Combat Lifesave Training, Soldiers from 1-43 Air Defense Artillery Battalion learn to administer an IV to other students, posing as casualties.

stress and combat conditions. Evaluators graded trainees on everything from assessing a casualty and treating shock, to proper IV procedures and sucking chest wounds.

Throughout the training, Soldiers were hit with simulated artillery, forcing them to low crawl to their

> casualties. During treatment, they were again forced to protect their wounded by placing their bodies over their casualty, preventing them from receiving more injuries.

> Given only eight minutes, the trainees must evaluate the casualty, determine the cause of injury, and proceed to treat the wound. Once their time is up, they have another eight minutes to properly place the casualty on a litter and evacuate them to the casualty collection point. During this process,

evaluators constantly shouted encouragement and direction, "Get that bandage on," "Watch his wound," "Incoming! Protect your casualty!"

With the constant distraction of the evaluators, and the simulated artillery, the trainees had to stay focused on the task at hand. Nervous vet determined, these trainees realize the importance of treating and evacuating their casualties in a timely manner.

With the successful completion of their training, the Soldiers become licensed combat lifesavers. They are deemed ready to support the battalion mission.

"The Combat Life Saver is the person riding next to you in the HMMV, sharing your fox hole, loading the missiles, and serving your food," Ferguson said.

And, if called to do so, to help save the lives of their comrades.

CFAC commemorates Battle of Midway

By Navy Journalist 2nd Class David McKee

Commander, U.S. Naval Forces Korea Public Affairs

CHINHAE — U.S. Sailors from across the Republic of approaching Midway Island.

Korea gathered June 4 at Commander, Fleet Activities Chinhae, to commemorate actions at the Battle of Midway with dinner, a short video presentation and speeches given by Navy personnel.

The naval battle near Midway Island in 1942 turned the tide of World War II when three Navy aircraft carriers of the U.S. Pacific Fleet, which was still recovering from the attack on Pearl Harbor six months earlier, defeated a vastly

superior Japanese naval force of four carriers and its squadrons of experienced pilots.

The banquet provided an opportunity to show how intelligence combined with individual initiative and daring can change the course of history.

In his opening remarks, CFAC Commander Cmdr. Francis Martin talked about Lt. Cmdr. Wade McClusky, who led a squadron of dive-bombers from USS Enterprise on an attack against the vulnerable Japanese carriers

"... It is their success we searching for the enemy ships even as the aircraft ran commemorate tonight with a dangerously low on fuel pledge to be always ready, to be resulted in one of the always vigilant and to be always down the superior Japanese strong with renewed dedication to fleet. ensure our legacy is secure."

> Rear Adm. Fred Byus Commander, U.S. Naval Forces Korea

His decision to continue necessary blows that took

"McClusky proved, one person can make the difference, and history can be changed by individuals taking personal responsibility

in matters large and small," said Martin.

The commemoration continued with a video presentation followed by five sailors reading two-minute vignettes about critical actions during the battle.

Officer-In-Charge of Commander, U.S. Naval Forces

See **Midway**, Page 4

Nuclear_

from Page 1

Ohno said the situation in North Korea is one of the most serious security concerns in Asia. He said the country is developing nuclear weapons and has a track record of missile proliferation. He

Korea's political and economic isolation.

said there is real frustration in Japan over North Korea's nuclear program and North Korea's kidnapping of Japanese

"The immediate and unconditional return of North Korea to the Six-Party Talks is of the utmost importance, and is a first step toward North Korea becoming a responsible member of the international community," Ohno said. "The countries concerned will have to make sincere efforts to urge North Korea to open its doors, keep its promises and observe international rules."

Both men said the resolution of the situation is important for the region. Ung said that a peaceful settlement of the North Korean nuclear issue "will not only be a cornerstone for security on the Korean Peninsula, but also another foundation for regional stability and world peace."

Midway_

from Page 3

Korea Detachment Chinhae, Cmdr. Richard Cheeseman, described the brilliant stroke of deception that set in motion the U.S. Navy's success at Midway Island and in the U.S. Pacific campaign.

Navy intelligence suspected the code letters for Midway were AF, but they needed certainty. So they sent a plain language message stating that a distillation plant on midway had suffered a serious casualty and that fresh water was urgently needed.

"Hopefully, Japanese radio intelligence would intercept these messages," said Cheeseman who concluded, saying the trick was successful. "The Japanese did pick it up and Tokyo included, in an intelligence report, the statement that 'AF is short of water."

Petty Officer 1st Class Douglas P. Dreher, Seaman Damitri Green, Petty Officer 2nd Class Stephanie Kendall, and Chief Petty Officer Michael Pace also described significant events that brought about the fortuitous events in 1942.

Following the commemoration and dinner, Commander, U.S. Naval Forces Korea Rear Adm. Fred Byus spoke to the nearly 100 U.S. sailors and family members and special guests.

He emphasized that the event was a somber commemoration of "those acts that serve to inspire us and not a celebration of an ancient, vanquished foe."

The night was an opportunity, he added, to remember the "humiliating blow" at Pearl Harbor six months before Midway that sent the U.S. military an important message.

"That lesson is readiness," said Byus. "It is their success we commemorate tonight with a pledge to be always ready, to be always vigilant and to be always strong with renewed dedication to ensure our legacy is secure."

The Japanese had captured an offensive advantage in the Pacific following their successful surprise attack on the unprepared United States at Pearl Harbor in December 1941. But the Battle of Midway turned the tide of the war leaving the Japanese Imperial Navy limping away with a toll of four aircraft carriers, one destroyer, 291 planes, and approximately 4,800 lives. U.S. forces lost only one aircraft carrier, one destroyer, 145 planes and 307 men and gained the offensive position throughout the rest of World War II.

The Battle of Midway in June and the Navy in October are the only two official events that the U.S. Navy commemorates worldwide each year.



Commander, U.S. Naval Forces Korea Detachment Chinhae Officer in Charge Cmdr. Richard Cheesman reads a two-minute vignette about how the U.S. Naw tricked the Japanese Imperial Fleet commanders into exposing their intention to attack Midway Island in June 1942 at the Battle of Midway commemoration dinner at Commander, Fleet Activities Chinhae June 4.

AD

GOES

HERE

June 10, 2005

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HONE SKILLS IN FIELD

BY SPC. CHRIS STEPHENS

2ND DAFANTRY DIVISION PUBLIC AFFAIRS

RODRIGUEZ RANGE - SECOND INFANTRY DIVISION SOLDIERS FROM TASK FORCE 2-9 PARTICIPATED IN A GUNNERY EXERCISE MAY 10 AT THE KOREA TRAINING CENTER.

ONE OF THE TASKS COMPLETED AT THIS EXERCISE WAS TO CONDUCT CONVOY MOVEMENTS, WHICH INCLUDED MOUNTING AND DISMOUNTING VEHICLES, LIVE-FIRE AND CONVOY DRIVING TACTICS.

THE SOLDIERS QUALIFIED WITH BRADLEY FIGHTING VEHICLES AND M1A1 ABRAMS TANKS.

THE SOLDIERS FIRED MORTARS AT TAR-GETS MORE THAN 1.000 METERS AWAY. THIS HELPED TO HONE THEIR SKILLS USING DIFFERENT TYPES OF MORTAR ROUNDS.

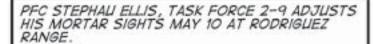
THE EXERCISE WAS ONE OF TWO THE TASK FORCE COMPLETES EACH YEAR.

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PHOTOS BY YU HU-SON GRAPHICS BY DAVID MCNALLY

IEWS & NOTES

Black-Market Hotline

The Black-Market Hotline number has changed to 738-5118. The number is monitored by an investigator during normal duty hours and switched to a recorder after hours. If an observation requires urgent attention, call the military police at 730-4417.

Computer Training

The Area I CPAC will give an Advanced Microsoft Excel workshop June 21-24 and an Advanced Microsoft Word workshop June 28 - July 1. Each course will cost \$262.50. Employees interested in attending must have a fund citation included when submitting the DD 1556. For information, call 732-

Korean Baseball League

The Camp Stanley Community Activity Center is hosting a trip to Seoul June 25 to see the Korean Baseball League's Hanwha team play the LG team at Jamsil Field. The transportation fee is \$10, with a 10,000 won park entrance fee. The bus will leave the CAC at 4 p.m.

Phantom of the Opera

U.S. Army Garrison, Camp Red Cloud, is sponsoring a trip to have dinner at the Outback Steak House and see the musical "Phantom of the Opera" July 2 at the Seoul Arts Center. The Community Activity Center is selling tickets for \$73, which includes transportation. Only 30 seats are available. For information, call 732-6246.

Trunk Inspections

Drivers leaving Area I installations are now required to open their trunks for inspection upon exiting a base. The inspections are mandatory so gate guards can search for contraband. For security purposes, gate guards are not authorized to open trunks. Drivers must get out of their vehicles and do it themselves.

Change of Command

Lt. Col. Stephen Murray, U.S. Army Garrison, Camp Casey commander, will relinquish command to Lt. Col. Terry Hodges in a ceremony 10 a.m. June 29 on Helipad 221, Camp Casey.

Poetry Night

Area I Better Opportunities for Single and unaccompanied Soldiers will host a poetry and jazz night 7 – 9 p.m. June 18 at Camp Red Cloud's Mitchell's Club. There will be an open microphone for poetry reading and live music from the Gregg Jordan Band. BOSS representatives will collect food and clothing donations at the event to support a local orphanage. For information, call 010-3184-4618.

Correction

In the June 3 Warrior Country edition we misidentified an M-40 protection mask as an M-17 protection mask. We regret the error.

Area I officials honor military spouses

Area I Public Affairs

CAMP RED CLOUD

Community leaders congratulated several Warrior Country military spouses May 31 for exceptional service.

However, Area I commander, Col. Jeff Christiansen, saved top honors for two women who garnered the 2005 Outstanding Spouse of the Year title.



Jenny Smith (left) and Dawn Romo attend the Area I spouse of the year ceremony.

Area I Army Community Service officials evaluated nomination letters written by the spouse's sponsors.

Robin Horan, who coincidentally won volunteer of the quarter May 17, won the spouse of the year award.

"Robin is my guiding light, she is an outstanding spouse and I love her for all she has done," wrote Spc. Joseph Horan, Company F, Task Force 2-9. "I know she will continue to support me and our military community."

Lisa Gheno-Cuevas, spouse of Maj. Timothy Cuevas, Company C, 702nd Main Support Battalion, shared the same

Among many other volunteer activities, Cuevas promotes Army Family Team Building classes in the Denver area.



Robin Horan takes top honors for the Area I Outstanding Spouse of the Year competition May 31 at Camp Red Cloud.

Transportation office offers Hawaii option; makes vacation a PCS possibility

By Spc. Stephanie Pearson Area I Public Affairs

CAMP RED CLOUD — Soldiers stationed in Korea have the option to request a five-day stopover in Hawaii on the journey to their next duty station.

The trip is offered in conjunction with a permanent change

"It's a reward for doing the hardship tour," said Michael Ferguson, U.S. Army Garrison, Camp Red Cloud transportation chief. "With the long flight back to the United States, the PCS stopover there is a kind of entitlement."

Prospective vacationers must submit a memorandum to the transportation office to request circuitous travel to their next assignment through Honolulu on the island of Oahu, said Chang Il-nam, Area I transportation.

The travel office provides the airline ticket there; however,

Soldiers are responsible for hotel reservations and expenses, and any other costs exceeding that of the normally prescribed

Oahu is the home of an Armed Forces Recreation Center, the Hale Koa Hotel. The facility's mission is similar to the Dragon Hill Lodge at Yongsan, but the hotel is located on Waikiki Beach.

A stay at the Hale Koa Hotel ranges from \$71 to \$181 per night, double occupancy, based on rank and room category.

Visit http://www.halekoa.com for reservations.

The five-day stay is charged as normal leave, Chang added. "It's a common misconception that the stay there is free, uncharged leave," he explained. "It's not."

Soldiers interested in taking advantage of the offer should contact their local transportation office for details.

E-mail stephanie.a.pearson@us.army.mil

Ready... Set... Go!!!



About 200 Korean and American runners set off Saturday on 5- and 10-kilometer races in the 2005 Riverfront Run. The race is part of U.S. Army Garrison, Camp Casey's Good Neighbor Program.

Warrior Band kicks off summer concert series

Band provides entertainment, chaplains offer food

By Spc. Stephanie Pearson Area I Public Affairs

CAMP RED CLOUD — More than 325 Korean and American guests feasted on barbecue chicken and ribs May 26 while the 2nd Infantry Division Band played on the Camp Red Cloud Village Green.

"It was a great show," said Sgt. Matthew Hemenway, band operations noncommissioned officer. "The highlights were the show band, which sang a selection of popular American

songs, and the Korean singers and dancers who performed as part of a cultural exchange."

The picnic and performance were the first "Concert on the Green" show series.

Once a month during the summer season, locals are invited on post to enjoy a concert by the band and dinner provided by the Warrior Country chaplaincy.

"We want to provide something for Soldiers to do besides heading out the gates," said Chief Warrant Officer William Brazier, band master and commander, "and bring locals inside the gates so they can connect with

See **Band**, Page 8





Above: Sgt. Corey Pike shows off his guitar-playing chops during the show band's rendition of the Aerosmith hit "Sweet Emotion."

Left: A young Korean helps himself to a barbecue meal while his mother looks on.



Staff Sgt. Wesley Carlson (left) and Spc. Edward Criswell jam on guitar May 26 during the first of this year's Concert on the Green series.



Concert goers get into the act by jumping up and dancing while the band plays the "Electric

Soldier finds adventure on Camp Casey USO tour, Part II

Commentary by Capt. Stacy Ouellette 8th Army Future Operations

ecently, I took a group tour Beijing,

China sponsored by the Camp Casey USO. It was an opportunity to visit another Asian country and experience the culture.

This four-day adventure was one of beauty, education and shopping.

Over the duration of the tour, we visited many popular tourist locations to include the historic Tiananmen Square, which is a playground for locals and tourists alike. It was the perfect day to fly a kite and vendors were on hand to make it come true.

Across the street was the palace museum, known as the Forbidden City. It was the home to emperors from the Ming and Qing Dynasties for more than 500 years. Today, it serves as a museum for tourists to

admire the treasures hidden within.

After a traditional Chinese luncheon of roasted duck, our group visited the Temple of Heaven. This lush garden area with temples was my favorite part of the tour. Many visitors stopped to take a photo in the circle considered to be the center of the area.

Winding over mountains and grasslands is the Great Wall of China. Of course, I heard of it growing up, but never did I imagine I'd get to see it in person and then climb part of it. Our next day was spent here.

The wall spans 3,517 miles. It can even be viewed from space. It was truly a marvelous vision to not only see, but climb. It was quite the feat since the stairs are all sizes and heights.

Our journey then took us to the Ming Tombs along the Sacred Way. This is the burial area for the deceased emperors of the Ming Dynasty. Since the emperors wanted their burial place

to reflect their living quarters while alive, the structures are exactly the same as the palace.

One of the most peaceful experiences was at the Summer Palace located on Lake Kunming. It was the summer resort for the Royal Family. There were many opportunities to enjoy the water through boat cruises or paddle boats. Our group chose to enjoy the area by

As part of our tour, we were able to view two shows in the evening. The acrobatics show was amazing. Participants could bend and twist their bodies into unimaginable positions. There was also a man who could ride a unicycle on a tightrope pedaling with his hands.

The Chinese Opera was nothing like those in the United States. It was an interesting and unforgettable experience.



See **Tour**, Page 8

Band

from Page 7

our community in support of the Good Neighbor Program."

"Our main purpose is to act as a bridge between the Korean and U.S. communities," Hemenway agreed. "As band people, our job has always been as musical ambassadors."

Hemenway said concerts like this can "really reach out to the community."

Brazier said this is especially during important times transformation in Area I.

"We need to make our bonds with the community closer," he said.

Chaplain (Maj.) Terrence Walsh, Area I chaplain, said the chaplains extend invitations through connections with local Korean churches.

"The concerts on the green are a great opportunity to reach out to the Korean church population," Walsh said. "We invite their congregations and singing groups here. It gives everyone a chance to hear the great music of the 2nd Infantry Division Band, and it also lets Soldiers hear some of the best choirs that they wouldn't otherwise hear."

Walsh said he would like to see more Americans attend.

Walsh said Soldiers may think that because the concerts are hosted by the chaplaincy, it is just people sitting around singing hymns.

"It's not like going to church on Sunday," Walsh explained. "It's an exciting, toe-tapping experience. Soldiers do themselves a disservice by not coming out and giving it a chance."

E-mail stephanie.a.pearson@us.army.mil



Sgt. Seo Jung-moon, ROKA chaplain noncommissioned officer, helps serve meals May 26 at the Concert on the Green.

from Page 7 Tour_

I'd only recommend it as a once in a lifetime opportunity to see.

Throughout the tour, we took quick stops at jade and silk factories, as well as a tea house. Chinese people gave demonstrations on how to wear a jade bracelet. My friend's mother volunteered to have the bracelet put on. Many purchased silk blankets for their beds and some sheets to match.

At the tea house, we were given a lesson on a variety of teas and how to properly prepare them. We also

were taught that each tea had a particular positive side effect. Some helped with sore throats while another with weight loss.

China is an incredible country to visit, and I recommend anyone looking to broaden their horizons with a new culture visit this country. There is so much to offer and the USO makes it easy. For information, contact the Camp Casey USO at 730-4812.

E-mail stacy.ann.picard@us.army.mil



Beijing's Forbidden City structures offer glimpses into the country's rich and royal past.

AD

GOES

HERE

June 10, 2005

Cadet leaders and reviewing officer Dennis Rozzi, assistant superintendent of DoDDS Korea, inspect the Falcon Battalion formation during the annual Seoul American High School Junior Reserve Officer Training Course awards ceremony at Yongsan Garrison May 25.

Steve Davis

JROTC cadets conduct annual awards ceremony

Program instills leadership, character and discipline

By Alex Harrington

Area II Public Affairs

YONGSAN — Seoul American High School Junior Reserve Officer Training Corps program cadets held their annual awards ceremony May 25 on the South Post soccer field under bright morning skies.

More than 40 students received plaques, medals and certificates from several veterans and military organizations, and 60 students received scholarships, including two military academy appointments.

In his remarks, Assistant Superintendent of Department of Defense Dependent Schools Dennis Rozzi congratulated this year's cadets for their distinguished achievements and honors that earned them recognition from the Department of the Army.

"The recognition by the Department of the Army as an honor unit with distinction after this year's inspection was well earned and an achievement of the highest order," said Rozzi. "I might add for 23 years in a row you have obtained that level of excellence."

Rozzi also told cadets who stood at parade rest on the soccer field that their hard work and dedication will help them in their future aspirations as American citizens.

"The training, dedication and 'espirit de corps' you have demonstrated today and the past year are strong indicators that you will be successful in accomplishing your goals in life and accepting your responsibility as an American," he said.

According to Title 10 of the U.S. Code "the purpose of Junior Reserve Officers Training Corps is to instill in students in United States secondary educational institutions the value of citizenship, service to the United States, personal responsibility, and a sense of accomplishment."

"Whether or not your future plans include the military," Rozzi added, "all of you possess the desire to be good [citizens] and adults who understand that citizenship involves responsibilities as well as rights. This is the real purpose of the JROTC program, the development of character, patriotism and a sense of responsibility."

Students enrolled in the JROTC program at SAHS – the largest program in the Pacific – say it teaches

practical life skills like leadership, character and discipline.

The JROTC Battalion Commander, Cadet Leo Kim, said the program allowed him to gain organizational and leadership skills.

"By taking on small tasks and moving onto bigger ones, I was presented leadership responsibilities that allowed me to learn how to be better organized and to be a good leader," said Kim, an 18-year-old senior who is going to the Air Force Academy after graduation

Another cadet, JROTC regimental commander Jane Chai, said she learned how to become a public speaker and leader as well.

"This program helped me a lot since I started in 7th grade," said Chai. "I have become who I am today," said the 18-year-old. Chai received the Superintendent Award during the ceremony.

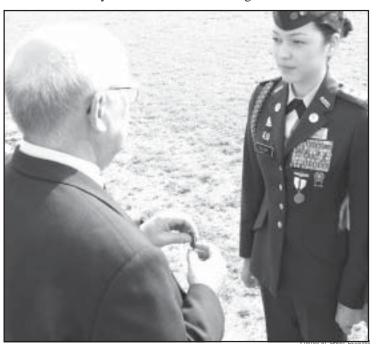
The U.S. Army JROTC came into being with the

passage of the National Defense Act of 1916. From a beginning of six units in 1916, JROTC has expanded to 1,555 schools today and to every state in the nation and American schools overseas. Cadet enrollment has grown to 273,000 cadets with 3,900 professional instructors in the classrooms. Comprised solely of active-duty Army retirees, the JROTC instructors serve as mentors developing the outstanding young citizens of our country.

The study of ethics, citizenship, communications, leadership, life skills and other subjects designed to prepare young men and women to take their place in adult society evolved as the core of the program. More recently, an improved student-centered curriculum focusing on character building and civic responsibility is being presented in every JROTC classroom.

For information, contact Lt. Col. Hedgpath at 738-4138 or Donald.hedgpath@pac.dodea.edu.

E-mail harringtona@korea.army.mil



Above: Cadet Colleen Cullen receives an award from Dennis Rozzi during ceremonies at Seoul American High School May 25.
Right: The Seoul American High School JROTC Color Guard displays their unit flag



Graduation: music to her ears

By Steve Davis Area II Public Affairs

ears.

YONGSAN — When Irene Lee gracefully raises her conductor's baton at the Seoul American High School graduation tomorrow morning at Yongsan, the silence and the anticipation will be sweet. But the

notes that follow will be music to her

Lee, a music teacher from tiny DeSmet, South Dakota, has been teaching band at Yongsan for 22 years and plans to stay for even more graduations. Her string ensemble students are playing at baccalaureate at 4 p.m. tonight at the South Post Chapel and her concert band will play during graduation at 10 a.m. tomorrow at the Seoul American High School auditorium.

"I love it," she said. "I will stay as long as Seoul American High School remains at Yongsan."

With 78 students in concert band and 35 more in the string ensemble, she said she feels needed in Korea. Her bands at Yongsan are more than twice as large as her own high school graduating class.

"My graduating high school class in 1966 had 43 kids," said Lee, who went on to earn a double major in instrumental and vocal music at Dakota State University.

"I know how to play every band instrument and the basic strings," she said. "You have to."

You also have to learn to adapt to progress. Lee, who taught seven years at Seoul American Elementary School, has taught the last 15 at the high school.



Irene Lee tutors music students Andy Park, left, and Donald Lee.

She has also spent three years in Daegu, and three in Stuttgart, Germany, during her DoDDS career.

She was nominated for and chosen 2005 Korea District Teacher of the Year. That qualified her to compete for the Department of Defense Educational Activity Teacher of the Year honors. In October her selection as the DoDEA teacher was announced and in April along with other top teachers from 50 states and five special regions, including DoDEA, which is now recognized as a "special state" - was honored by President Bush and his wife Laura in the White House's Oval Office.

"President Bush shook my hand and an officer announced where I taught," said Lee. "When the officer said 'Korea,' President Bush said, 'Cool'."

Lee said walking into the Oval Office

"Mrs. Bush had a sunbeam shining on her and she looked just radiant," said Lee. "President and Mrs. Bush asked me how long I'd been in Seoul and teaching with the Department of Defense and said 'Wow' when I told them nearly 22 years."

"I told them I stayed here because this is such a wonderful school," she said of Seoul American High School.

Lee said the only experience comparable to meeting the president is when one of her students expresses an interest in teaching music.

"That's the highest compliment you can get as a music teacher," she said. "Two of my students said that to me

Other students also have great things to say about Lee.

Ben Givens, who graduated in the Seoul American High School class of '93, also saw Lee's photo with President

"You were always a special teacher," said Givens. "I still to this date remember several guitar chords that you taught me back in the sixth grade. Can vou believe that?"

Lee said she can believe it, and she knows her students have learned a lot about themselves because of music.

"Some students may never play another note of music after they graduate, but they have learned values such as teamwork and discipline in band that will stay with them all of their lives," said Lee.

So when she conducts the band at graduation Irene Lee will raise her baton gracefully and perhaps watch the band in anticipation and perhaps nod at the seniors who will soon be leaving, seniors like former student Diane R. Johnson, now an Army first lieutenant, who also saw the picture of Lee and President Bush and sent a congratulatory e-mail.

"Congratulations . . . it's well deserved. You were one of my favorite and endearing teachers and I have never forgotten you," said Johnson. "Thank you for all the hard work you do and the love that you show your students. I still remember your mentorship and it has affected the way that I care for my Soldiers. Unknowingly, you have passed the baton to so many students ... in my eyes, you are the epitome of leadership."

And the graduation music will sound so sweet.

E-mail DavisSt@korea.army.mil

Far East District employees enjoy Safety Day

By Sgt. Christopher Selmek

Area II Public Affairs

YONGSAN — U.S. Army Corp of Engineers Far East District employees said they felt a lot safer following the 11th annual Safety Day June 1 at Yongsan's Multi-Purpose Training Facility.

This annual four hours of training – which promotes situational awareness to encourage employees to consider safety at all times – supplements the Far East District's ongoing Safety Program to reduce incidents of injuries in the workplace and to spread the word that safety is everyone's responsibility.

"We're spending four hours to educate our employees about safety," said Gloria Stanley, FED public affairs officer. "They have to be aware of how they can be prudent, and how it is everybody's job to make the workplace safe."

The theme, "Your family needs you, we need you, be safe," was mentioned throughout the day so employees would understand why it was so important they stay safe and protect the safety of their co-workers.

"We want our employees to be happy and healthy and know that we care about them," said John Sciascia, chief of FED safety and occupational health.

Safety Day featured blood pressure screenings and body fat evaluations for all employees.

"If an employee had a high blood pressure problem, by notifying them today we might be able to prevent something that could take them away from us sometime later," said Sciascia.

"This session we're doing a lot on health because we

want our employees to be healthy employees and use safe practices," said Stanley.

Certain of those practices include traffic safety, ergonomics and stress management, but also goes into the more traditional categories of workplace safety.

"There is always the potential for danger on construction sites, so we do everything we can to ensure people stay safe," said Stanley. "We have safety programs in place year round, and we stress awareness of themselves and the people around them. And, we make sure they know what to do in case of an accident."

Sciascia says that while knowing what to do in case of an accident is vital prevention

"You have to be aware of the situation," he said. "Once you are aware, then you can get into your 'what if' scenarios. If we were all in uniform right now it would be the same thing, only the 'what ifs' would be different. It's the same anywhere you go."

Employees appreciated the lessons, because it taught them a new way of thinking about safety.

"I think we're more aware of the problem, and more attentive with driving and in daily duties," said Cyndee Oleyte, programs and project management. "The most important thing is that, even if we didn't get all the answers, we know where to go to get the right answers. This had been very



is the first step in the process of reducing Ku Cha-suk from the Engineering Division, Far East District of the U.S. Army Corps of Engineers, has her blood pressure screened at the 11th annual FED Employee Safety Day at the Multi-Purpose Training Facility June 1.

informative."

Safety Day was opened by 8th Army Commander Lt. Gen. Charles C. Campbell, who told Far East District employees that their contribution to the Army's mission in the Republic of Korea was appreciated.

Area II fire department personnel were on hand to promote fire safety and to give fire extinguisher demonstrations.

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A fallen tree is taken away by Area II Directorate of Public Works employees following a storm that hit Yongsan Garrison June 1. Heavy winds caused only minor damage, including a downed power line. There were no reports of flooding on Yongsan Garrison, however, as parts of the Korean peninsula received as much as three inches of



The United Nations Command Honor Guard carries remains believed to be those of American Soldiers missing in action from the Korean War during the Repatriation Ceremony on Knight Field May 26.





during the SAES Field Day on Yongsan South post May 19.



527th Military Intelligence Battalion, gives a speech in the seventh annual Korean and English Speech Contest held at the Balboni theater May 31.

The top winner, Spc. Joseph. J. Waldal,

Children from the Seoul American Elementary School play 'pop the balloon' while enjoying a day of fun out

NEWS & NOTES

Area II Radio Town Hall

An Area II Radio Town Hall will be held 9-10 a.m. June 24. Area II residents who have questions or comments for the Area II commander or command group can voice them in advance by e-mailing areaiitownhall@korea.army.mil or by calling 738-5017/3489.

Marine Corps Change of Command

The U.S. Marine Corps Forces Korea will conduct a Change of Command Ceremony 2 p.m. Wednesday in front of the USFK Headquarters building, Knight's Field. For information, call 723-7032.

50th KN Award Ceremony

The 175th Finance Command will host an award ceremony for three Korean National employees who have served more than 50 years for the U.S. Army. The ceremony will be held 4:30 – 5 p.m. Thursday at the Balboni Theater. For information, call 725-3974.

Warrant Officer Recruiting Briefing

A warrant officer recruiting team from Headquarters, U.S. Army Recruiting Command, Ft. Knox, Ky., will brief on qualifications and application procedures to applicants interested in becoming U.S. Army warrant officers 9:30 a.m. – 1:30 p.m. Monday through

June 17 at the Multi Purpose Training Facility. For information, call 723-5558 or e-mail anthony.edwards@usarec.army.mil.

Beyond Glory Comes to Yongsan

Live, at the Balboni Theater, "Beyond Glory." Acclaimed film actor Stephen Lang brings to the stage the riveting stories of eight American servicemen who received the Medal of Honor and went above and beyond the call of duty. The performance takes place at 7 p.m. June 21 at the Yongsan Main Post Balboni Theater. Tickets are free to military audiences and must be reserved at local military ticket outlets. For information, call 723-5721.

Summer Reading Club

All school-aged children 5 to 12 year old are invited to experience a summerlong reading fantasy called "Dragons, Dreams & Daring Deeds" at the Yongsan and Hannam Village libraries at 1 p.m. June 27 – Aug. 5. For information, call 723-7300.

Camp Adventure

Yongsan/Hannam School-Age Services and Camp Adventure Youth Services will host summer recreation programs for children first through fifth grades June 27 – Aug. 19. Program activities include weekly field trips, swimming, arts and crafts, songs, games and individual age group activities. For information, call 738-4707 or 723-4522.

Local OCS Board

The Area II Support Activity local Officer Candidate School board will be held 9:30 a.m. July 15 in the Area II headquarter's building command conference room. For information, call 738-5017.

Korea Theater Support Center

The Korea Theater Support Center is available. Dial 8324 for e-mail problems, GCCS-A trouble and Internet issues. It is not necessary to dial any prefix.

ACAP Briefings

Army Career and Alumni Program briefings are held 8 a.m. – 5 p.m. Monday through Friday. For information, call 738-7322.

Language Classes

English as a second language class meets 5:30-6:30 p.m. every Monday and Wednesday at Building 4106, Room 124. Korean language class meets 10-11 a.m.; 11 a.m. – noon; 5:30-6:30 p.m. and 6:30-7:30 p.m. every Tuesday and Thursday at Building 4106, room 124. These classes are open to all SOFA ID cardholders. For information, call 738-7505.

Family Team Building

The Army Family Team Building program offers free training to improve personal and family preparedness and enhance overall military readiness. For information, call 738-3617.



Foster Care

The Army Community Service Family Advocacy Program is looking for very special people who are willing to help children in the community by providing a temporary nurturing home in situations where their natural family cannot care for them. For information, call 738-3034.

Seoul Hot Jobs

The Army Community Services Employment Readiness program provides job listings for the Yongsan area. The program also assists with resume writing, and computers are available for job searches. Appointments are preferred. For information, call 738-8977.

Editor's Note

The winner of the tug-of-war event was misidentified in a photo in the June 3 issue of The Morning Calm Weekly. The winner was the 8th MP Brigade, which defeated the 1st Signal Brigade to win the tug-of-war event.

Family Advocacy offers guidelines to protect children from abuse

By Yvonne Kearns

Korea Region Family Advocacy Program

YONGSAN -- Though Child Abuse Prevention Month ended in April, Family Advocacy programs throughout Korea continue working to make the month's theme --"Protecting All Our Children, All The Time" -- a reality.

Recently there have been reports in the news involving young girls being abducted, sexually assaulted and murdered. This is serious, scary stuff. Unfortunately, teaching children about "stranger danger" is not enough.

Most of the time the person who sexually abuses a child is not a scary stranger. It's someone the child, and the parents, know and trust, someone who takes advantage of that trust — the outwardly caring teacher, coach, babysitter, friend or relative.

We don't hear about those kinds of things happening in Korea. Why not? Is it truly not happening? Maybe the commonly reported statistics of one in four girls and one in six boys being sexually

abused by the time they are 18, don't a p p l y here.

"Believe your child and trust appropriate.

their feelings. Intuition works
with children too."

Or maybe we have a false sense of security. Maybe more can be done to protect all our children from child sexual abuse.

The Family Advocacy Program provides the following tips to help make adults more aware of child sexual abuse and to help them protect their children.

- Provide age-appropriate supervision. Be especially watchful at places where you and your child might get easily distracted. Establish routines with your child that keep you informed about where they are and when they will be home.
- Create a climate where your child feels comfortable talking to you. If you and your child routinely talk, it will be easier for them to come to you with big issues like abuse.
- Talk openly and often with your children about sexual development, behavior and abuse. Avoid scary details. Use

language that is honest and age appropriate.

Teach young children proper words for their private parts

just as you do eyes, nose and ears. It is easier for children to talk about sexual abuse if they have the words.

- Explain that some areas of your body the parts a bathing suit covers are private and that no one should touch them, except a doctor when you are in the room with them.
- Create a support system. Help your child list people they can go to for help.
- Promote your child's selfesteem. Children with low self-esteem are often targets for sexual abuse. Encourage your child to participate in sports and other activities to increase self-confidence.
- Talk to your child about sexual abuse as you would other safety issues, such as crossing a busy street, fire safety or what to do if lost.
- Reassure your child by emphasizing that most adults never do bad things to children and that most adults want to protect children from harm.
- Give children permission to say "No" to adults when they feel the need to protect themselves. Children are taught to obey adults. This gives adults power over children and increases the child's vulnerability.
- Use "what if" games or roleplay situations so your child can practice responding to potential

situations. "What if someone asks you to help find their lost dog?" "What if we're in the PX and you get lost?"

- Teach your child to yell "No," to run and to get away to a place with lights and people if someone is bothering them. Ask your child to tell you if someone touches them in a way that makes them feel uncomfortable, even if the person asks the child to keep a secret, promise not to tell or threatens the child.
- Listen to your child when he or she expresses discomfort about anyone. Try to understand what really concerns your child by asking what they mean by weird, funny or uncomfortable. Believe your child and trust their feelings. Intuition works with children too.
- Be aware of adults or older children who spend a large amount of time with your child. Remember that most sexual abusers are known and trusted by the child they abuse and the child's parents. Although most abusers are male, females also abuse.
- Be on the lookout for signs that something is wrong.

Contact your local ACS Family Advocacy Program for additional information on child and spouse abuse, how to report suspected abuse and services available to strengthen families.

Help is available throughout Korea, at: Area I, 732-7180; Area II, 738-5150; Area III, 753-3742; Area IV, 768-8129.



NOW SHOWING AT THEATERS IN KOREA

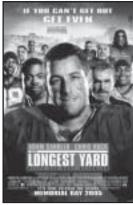
AAFES THEATER	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
CASEY 730-7354	Sin City R	Sin City R	Monster-in- Law PG-13	Madagascar PG	The Upside of Anger PG-13	Fever Pitch PG-13	Fever Pitch PG-13
ESSAYONS 732-9008	Sin City R	Hitch PG-13	Miss Congeniality 2 PG-13	No Show	Be Cool PG-13	The Upside of Anger PG-13	Diary of a Mad Black Woman PG-13
HENRY 768-7724	Beauty Shop PG-13	Monster-in- Law PG-13	Monster-in- Law PG-13	The Upside of Anger PG-13	No Show	No Show	No Show
HUMPHREYS 753-7716	Madagascar PG	Madagascar PG	Madagascar PG	Fever Pitch PG-13	Be Cool PG-13	The Upside of Anger PG-13	The Upside of Anger PG-13
HIALEAH 763-3120	Monster-in- Law PG-13	Sin City R	Beauty Shop PG-13	No Show	No Show	No Show	No Show
HOVEY 730-5412	Fever Pitch PG-13	Star Wars: Episode III PG-13	Fever Pitch PG-13	The Upside of Anger PG-13	The Pacifier PG	The Upside of Anger PG-13	Cursed PG-13
KUNSAN 782-4987	Star Wars: Episode III PG-13	Star Wars: Episode III PG-13	House of Wax PG-13	No Show	House of Wax PG-13	The Upside of Anger PG-13	The Upside of Anger PG-13



Beauty Shop -- Gina Norris is a long way from the Barbershop - she's moved to Atlanta so her gifted daughter can attend a prestigious music school and made a name for herself at a posh salon. But when her egotistical boss takes credit for her work, she leaves the salon to open a shop of her own. Gina buys a rundown salon and inherits a motley group of headstrong stylists, a colorful clientele, and a sexy piano-playing electrician. It's a rocky road to fulfilling her dreams, but you can't keep a good woman down.



Madagascar -- Alex the Lion is the main attraction at New York's Central Park Zoo. He and his best friends Marty the Zebra, Melman the Giraffe and Gloria the Hippo have lived their entire lives in blissful captivity. Not content to leave well enough alone, Marty, with the help of some prodigious penguins, makes his escape to explore the world he's been missing. Alex, Melman and Gloria go after him, but they are captured, crated and put on a ship to Africa, but wind up washed ashore on Madagascar. Now, these native New Yorkers must figure out how to survive in the wild



The Longest Yard Paul "Wrecking" Crewe was a revered football superstar back in his day, but that time has since faded. When a messy drunk driving incident lands him in jail, Paul finds he was specifically requested by Warden Hazen, a duplicitous prison official who wants Crewe to assemble a team of convicts, to square off in a big football game against the sadistic guards. With the help of fellow convict Caretaker, and an old legend named Nate to coach, Crewe is ready for what promises to be a very interesting game.



Sin City -- Sin City is a violent city where the police department is as corrupt as the streets are deadly. There's the street thug Marv whose desperate quest to find the killer of a prostitute named Goldie will lead him to the foulest edges of town. Inhabiting many of those areas is, a photographer in league with the sordid ladies of Sin City, headed by Gail who opens up a mess of trouble after tangling with a corrupt cop by the name of Jackie Boy. Finally, there's Hartigan, an ex-cop with a heart problem who's hellbent on protecting a stripper named Nancy.



Upside The **Anger --** Terry is left to raise her four headstrong daughters when her husband unexpectedly disappears. Things get even more hectic when she falls for her neighbor Denny, a once-great baseball star turned radio D.J. This leaves her daughters out on a limb, they are forced to juggle their mom's romantic dilemmas as well as their own.



of Fever Pitch -- When to Lindsey a big time executive meets funny and charming high school teacher Ben they hit it off until Lindsey realizes Ben is a Red Sox fan. She herself must realize the Red Sox or Ben before she breaks dio it off and can accept his obsession with the Red Sox.

AAFES THEATER	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
LONG 721-3407	Diary of a Mad Black Woman PG-13	A Lot Like Love PG-13	The Ring Two PG-13	No Show	No Show	No Show	No Show
05AN 784-4930	The Longest Yard PG-13	The Longest Yard PG-13	The Longest Yard PG-13	The Upside of Anger PG-13	The Upside of Anger PG-13	Fever Pitch PG-13	Fever Pitch PG-13
RED CLOUD 732-6620	Guess Who PG-13	The Upside of Anger PG-13	The Upside of Anger PG-13	Beauty Shop PG-13	Beauty Shop PG-13	No Show	The Longest Yard PG-13
STANLEY 732-5565	Sin City R	Sin City R	The Upside of Anger PG-13	The Upside of Anger PG-13	No Show	The Longest Yard PG-13	Fever Pitch PG-13
YONGSAN I 738-7389	The Longest Yard PG-13	The Longest Yard PG-13	The Longest Yard PG-13	The Upside of Anger PG-13	The Upside of Anger PG-13	Fever Pitch PG-13	Fever Pitch PG-13
YONGSAN II 735-7359	The Pacifier PG	The Pacifier PG	The Pacifier PG	Sin City R	Sin City R	Sin City R	Sin City R
YONGSAN III 736-7389	Beauty Shop PG-13	Beauty Shop PG-13	Beauty Shop PG-13	Hitch PG-13	Hitch PG-13	Hostage PG-13	Hostage PG-13

Hampyeong offers different view of Korea

Soldiers witness contrast in people, places during trip

By Chaplain (Capt.) Douglas S. Brown 2-1 ADA Battalion

fter the May 15 protest and damage to the fence at Gwangju Air Base, many Soldiers from 2-1 Air Defense Artillery Battalion, were content to stay on base.

You see, being deployed on the outskirts of 'The City of Light,' has a rather somber feeling. Especially since one of the largest political protests in contemporary Korean history, the May 1980 Gwangju Uprising, took place here.

Twenty-five years later, the event still resounds and exerts a profound, often contested, influence in Korean society. Years of tension, introspection and shifting blame have shaped South Korean politics, while the American Soldier has stood firm defending freedom in the ROK and beyond.

It is a tough row to hoe for the fine Soldiers of 2-1 ADA; but they always rise to the challenge, exemplifying the seven Army Values and true Warrior Ethos.

As the chaplain for 2-1 ADA and Gwangju Air Base, I have a unique Soldier's perspective as to the remote location and austerity of this post. It brings many challenges not normally associated with a normal PCS to the ROK. The increased isolation, the great traveling distances to other U.S. facilities, the awkwardness of trying to adapt to a different culture.

However, the vast majority of the people of Gwangju have been gracious to our Soldiers. They have opened up their hearts and homes, and our Soldiers have responded in kind as ambassadors of good will. They have shown the citizens of Gwangju the best of Americas' sons and daughters.

A portion of my job is to promote "spiritual fitness" and periodically, to plan, resource and execute highquality spiritual fitness training events throughout Korea. Getting away from the day-to-day life in a remote post is extremely valuable. Many Soldiers have commented about just how refreshing it is to get away to the mountains, or visit the Religious Retreat Center in Yongsan.

Last weekend we loaded up a van and took some Soldiers to The Hampyeong Ecological Park in to head for a small Buddhist Temple. Hampyeong County, Cholla Province. What a contrast from the city, a picturesque view of mountains, bamboo forest and every variety of butterflies known to exist in the ROK.

We were overcome by the hospitality of the many people visiting the park that day. As we descended down a particularly difficult hiking trail, we met two Ajummas in their mid fifties. While I was out of breath, they were relaxed, without a care in the world and asked if we would like some candy and then asked if we would like some fruit.

We were amazed at the contrast between the 4,500 angry people outside our front gate protesting May 15 and these women. The differences cannot be overstated. These were ordinary people, who liked nothing better than to ask us our names, to comment on how young some of us looked and to send us away with a smile and some candy.

Korea is a special place and there were certainly more surprises in store for us, as we continued to descend down the trail. One of my chaplain assistants was far ahead of us with another Soldier and decided

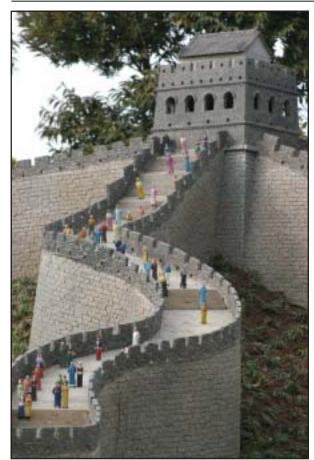
As the rest of us caught up, I heard him say, "Hey Chaplain, have everyone come inside and eat. The Buddhist monk has invited us all to stay for lunch." What a nice and welcome surprise, to eat some wonderful food followed by the coldest watermelon I have had in ages. Of course we captured the event on digits for posterity and the principal monk made sure to let me know he wanted a copy ASAP.

Throughout the remainder of the day our thoughts were of the monk and the wonderful people we had met at Hampyeong.

We are scheduled to visit Hampyeong again and I am sure the wonderful people of the Republic of Korea will give us another view of their country, hospitality and culture.

I wish all who read this a wonderful tour and time in the Republic of Korea and I better let you go for now and get these pictures to the monk.

I will close with a verse from Paul's Letter to the Hebrews chapter 13:2, "Do not forget to entertain strangers, for by so doing some people have entertained angels without knowing it."



The finely detailed craftsmanship that went into creating the park's miniatures is evident in the 1/25 scale model of China's Great Wall.

Theme park offers unusual perspective

By Galen PutnamArea IV Public Affairs

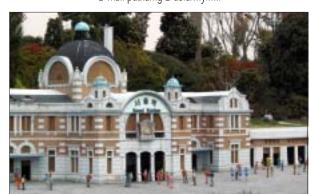
JEJU ISLAND — The size and scale of the many recreated architectural masterpieces from around the globe at the Soingook Theme Park on Jeju-do can be a bit discombobulating. At one moment guests might be towering Godzilla-like over a 1/25-scale model of the Sydney Opera House that stands just a couple of feet high and minutes later be dwarfed by a 36-foottall seated Buddha.

The park features an eye-catching assortment of miniature models replicating famous structures such as the Leaning Tower of Pisa, the Taj Mahal, the Parthenon. One can literally traverse the globe in an afternoon.

The park is located on the southwest corner of the island near Daejeong.

For up-to-date information regarding hours of operation, entrance fees, directions or other for other questions, call the park at (064) 794-5400, or check out its detailed and informative Web site at http://www.soingook.com (just click on the tab on the upper-right corner of the screen for the English language version.

E-mail putnamg@us.army.mil



The downsized version of familiar Seoul train station gives visitors to Soingook Theme Park a bird'seye view of the facility.



A visitor shows how things aren't always what they seem at Soingook Theme Park.



Park workers loom over a miniature model as they take a break at the Soingook Theme Park on Jeju-do.



CRC Hosts 5k Fun Run

CRC Enclave Sports will host 5Km Fun Run at Camp Stanley Fitness Center on Saturday. Registration will be 7 a.m. and race will be 8 a.m. For information, call 732-5460.

Blu Eyz at Camp Casey

MWR Offshore Entertainment Blu Eyz is performing pop and variety of music at Casey Golf Course Club outdoor stage starting at 3 p.m. Friday and Camp Nimble Jackie B's Club, starting at 7 p.m. June 11.

Warrior Division **Swimming** Championship

The Warrior Division Swimming Championship will be held at Camp Casey Hanson Field House at 10 a.m. June 18. The swimming championship is open to active-duty members, civilians and their adult family members in Area I. The race day registration begins at 9 a.m. For information, call 732-6276.

Father's Day Bowling **Special**

The Camp Casey Bowling Center will offer a Father's Day special, High Series beginning at 5 p.m. June 19. Participants may bowl three games with no entry fee. Bowlers with the highest score will receive bowling balls, bags, shoes or gift certificates. For information, call 730-4577.

'Friends Fun Time' **Bowling**

The Camp Casey Bowling Center is offering "Pizza, Pop N Bowl Friends Fun Time" starting at 4 p.m. every Wednesday. This is a package for a group of four, offering one large one topping pizza, a pitcher of soda, two hours of games and free shoe rental. Bring your own music CD and the bowling center will play for your party. For information, call 730-4577.

MWR Happenings Radio Show

Check out the MWR Happenings Radio Show on 102.7 FM, American Forces-Korea Network's Warrior Radio every Friday between 3 and 4 p.m. MWR Happenings provides the latest information on upcoming recreation entertainment, sports, club and bowling events in Area I, as well as an opportunity to win cool MWR giveaways. For information, call 730-6514.

Submitting to TMCW

To have an event or activity highlighted in The Morning Calm Weekly, send event information, including all petinent details and a point of contact name and telephone number, MorningCalmWeekly@korea.army.mil.

Soldier bowls his way to 65" television

By Thomas M. Bruce

Area II MWR Marketing

YONGSAN -- Though the early identification of the winner brought a surprisingly quick end to the event, no one was complaining after the awarding of a 65" Sony television at Yongsan Lanes May 31.

The Morale, Welfare and Recreationsponsored giveaway promotion was carried out from March to May, with patrons who purchased at least \$3 in food or beverages from Primo's Express, Strike Zone & Habanero food sales in the bowling center given the chance to enter their name in the entry box for a chance at winning a 65" Sony TV. The promotion generated over 2,300 entries and \$15,800 in sales.

At 11 a.m. May 31, more than 200 participants showed up for the drawing. 32 names were drawn and the people that were drawn went one to each lane. When full Cosmic bowling conditions — including loud music and lane bumpers — were in place as the contestants all attempted to roll a 9-pin or natural strike. Sixteen of the 32 rolled a strike and won the opportunity to draw an envelope with a locker number and combination.

"I knew I had a 50-50 chance at [a strike] but when I release the ball I knew I had rolled a strike," said eventual winner Staff Sgt. Arlington Neely, U.S. Forces Korea J3.

The strike rollers each went to the locker that matched their key and opened it to discover what they won. The crowd didn't have to wait long to cheer the grand prize winner, as Neely's was the first name drawn to open the locker.

"When I did open the locker I still did not notice that I had won the TV," Neely said. "Someone had to tell me that



From left, Kimberly, Arlington J. Neely III, Mkhala and Staff Sgt. Arlington Neely welcome the newest member of their family with a hug. Staff Sqt. Neely won the 65" television during a Morale, Welfare nad Recreation promotion at Yongsan Lanes, May 31

I had won."

When he realized he had won Neely and his family exploded with excitement.

He said the win was even more surprising, since he only entered his

name once during the contest.

All participants in the May 31 drawing won something but no one went home happier — or with a bigger prize — than Neely.

Soldier dominates at World Shotgun Championship

Army News Service

LONATO, Italy -- A Soldier assigned to the Army Marksmanship Unit of Fort Benning, Ga., can now be called a world champion.



Pvt. Joshua Richmond, U.S. Army Marksmanship Unit, won the first gold medal for the United States at the International Shooting Sport Federation World Shotgun Championships in Lonato, Italy.

Pvt. Joshua M. Richmond of Hillsgrove, Pa., won the first Gold Medal for the United States at the 2005 International Shooting Sport Federation World Shotgun Championships in Junior Men's Double Trap May 27. Richmond, who has been a shotgun shooter with the USAMU since Feb. 1, won his first World Championship medal with a total score of 132 points, which was five points above his next competitor, Byron Swanton of the Republic of South Africa.

Richmond, 19, also led the USA to the medal stand for a second time today, in the Junior Men's Team event. Richmond, Matthew Drexler of Kearney, Mo., and Cory Sidorek of Dallas, Pa., won the Team Bronze Medal with a 366 total team performance. Italy's junior team won the Gold Medal with a 368, while Russia's junior team took the Silver with a 367.

A resident of Hillsgrove, Pa., Richmond graduated from Sullivan County High School of Sullivan County, Pa., in 2004. He joined the Army in October and was assigned to the Army Marksmanship Unit after he completed Basic and Infantry Training at Fort Benning. The infantryman is single and lives at Fort

In Men's Double Trap, Jeff Holguin of Yorba Linda, Calif., went into the finals tied for second place, but emerged after the 50-target final in fourth. Holguin, a Colorado Springs Olympic Training Center resident athlete, missed nine targets in the finals to finish with a 182 total score.

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June 10, 2005

South Korean flood season starts now!



Flooded roads can be deadly for those who try to ford swift-moving waters.

By Roger Edwards Area III Public Affairs

CAMP HUMPHREYS – Monsoon season in South Korea is from June 1 through Aug. 31. Typhoon season overlays the Monsoon season and lasts until Nov. 30. Both can create potentially dangerous floods.

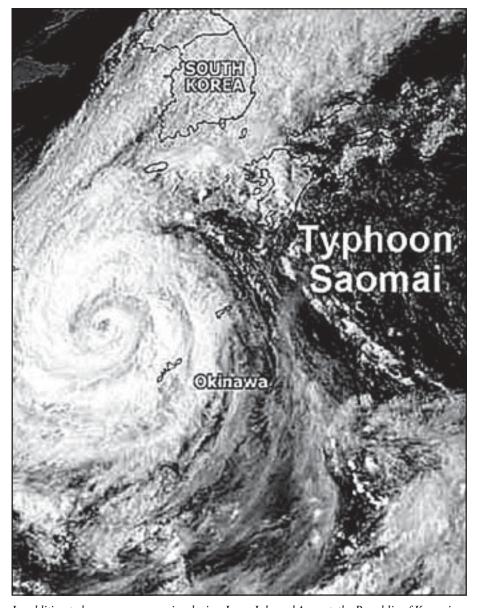
Excessive rain can lead not only to standing water in unexpected areas, but to streams, rivers and even irrigation channels overflowing their banks. Flood waters can undermine and wash away the roads you use to get to and from work. These waters can trap people in their homes and can wash the homes away.

This is especially true of flash floods which can strike by surprise.

The best protection is to be prepared and stay away from flowing flood waters. Only six inches of flowing water can knock a person down. Twofeet of rapidly moving water can dislodge a car and wash it away.

People living off base must pay attention during periods of heavy rainfall. Stay tuned to American Forces Network broadcasts for the latest information. Use your telephone to check on road conditions. Call the Camp Humphreys Staff Duty officer at 753-6111 or the U.S. Forces Korea Road Conditions report at 738-ROAD (7623).

The American Red Cross gives tips on preparing for floods on its webpage at http://www.redcross.org/services/ disaster/0,1082,0_585_,00.html. Among the suggestions is one to have an emergency kit prepared. Details are available on the webpage, but in general the kit should contain flashlights with extra batteries; a portable, battery-operated radio with extra batteries; a first aid kit and manual; emergency food and bottled water for three days for each person; a nonelectric can opener; essential medicines; cash and credit cards; and at least one change of clothing and sturdy shoes for each person.



In addition to heavy monsoon rains during June, July and August, the Republic of Korea is subject to Pacific typhoons that can bring large amounts of rain and create floods throughout

Kubica assumes command

Area III Public Affairs

CAMP HUMPHREYS – The 2nd Battalion, 52nd Aviation Regiment welcomed Lt. Col. Scott Kubica as the new commander in a change of



Lt. Col. Scott Kubica addresses the 2nd Battalion, 52nd Aviation Regiment during the June 3 Change of Command ceremony.

command ceremony June 3.

Kubica assumed command from Lt. Col. Richard Juergens, who has been reassigned to Fort Bragg, N.C.

Kubica comes to Camp Humphreys from his assignment as the Aviation and G7 Plans Officer for NATO Component Command-Land Madrid, Madrid, Spain.

During the ceremony, the colonel addressed the battalion saying, "It is an honor and privilege for [my wife] Laura and I to serve as your command team. I look forward to working with and taking care of each and every one of

Kubica pledged to continue the great work Juergens instituted. Work that led to the unit flying more hours last year than any other CH-47 unit in the Army except for those in combat; a first in CH-47 history when all 28 aircraft flew in one day -- two formations of 14 helicopters each; a schedule that included more than 30 percent of flights using night vision goggles and stressed a tactical mission focus on every flight.

Fire inspectors complete training

Area III Public Affairs

CAMP HUMPHREYS - Fire inspectors from Camp Humphreys, Yongsan Garrison and Osan and Kunsan air bases completed Fire Inspector I and II training recently with the Mobile Training Team. The training, which is equal to 80 hours of advance course instruction, provides inspectors with the knowledge and skills they would acquire with in-residence courses offered at the

Louis F. Garland Department of Defense Fire Academy.

Completing the training were: Kim Kwang-kyu, Kim Kyong-kyu, Kim San, Kim Sin-hye, Kim Yong-tae and Yi Sangchol of Camp Humphreys; Ho Tae-chong, Kum Tong-chin and Yi Chae-yong of Yongsan Garrison; Staff Sgts. Clive Chipman and Robert Jara of Osan Air Base and Staff Sgts. Gabriel Johnson and Jarrod Busby of Kunsan Air Base.



Fire Inspector Kim Yong-tae checks the hose connectors at Camp Humphreys' control tower.

BOSS All-Nighter

June 10 at the CAC. For information call 753-8825.

Newcomers Briefing

The monthly Newcomer's Briefing will be held in the Community Activities Center at 8 a.m. Tuesday. After a break for lunch, newcomers will engage in a walking tour of Anjong-ri, the community outside Camp Humphreys Main Gate. For information, call 753-6901 or 753-8401.

The monthly Newcomer's Briefing will be held in the Community Activities Center at 8 a.m. Sunday. After a break for lunch, newcomers will engage in a walking tour of Anjong-ri, the community outside Camp Humphreys Main Gate. For information, call 753-6901 or 753-8401.

Area III Powerlifting Meet

Jun 18, Camp Humphreys gym. For information, call 753-8810.

Do you want to become a Warrant Officer?

A warrant officer recruiting team will visit the Camp Humphreys Education Center June 20 – 24 where they will brief interested Soldiers on required qualifications and application procedures. Current shortages exist in military intelligence, special forces, food service, air drop systems and electronic missiles systems maintenance. Briefings will be held at 9:30 a.m. and 1:30 p.m. daily. For information, contact WO1 Gordon at B Det., 516th PSB, at 753-7598. Or send e-mail to CW3 Anthony Edwards, U.S. Recruiting, Army anthony.edwards@usarec.army.mil.

Adult, Infant & Child CPR, First Aid Training

The American Red Cross will hold CPR and first aid training from 10 a.m. to 5 p.m. June 25 in Building 262. Cost for the training is \$35 and pre-pay is required. For information, call 753-7172.

Baby sitter Training

The American Red Cross will hold baby sitter training from 10 a.m. to 2 p.m. June 21 and 22. Cost for the training is \$25 and pre-pay is required. For information, call 753-7172.

The Military Coalition

The Area III Association of the United States Army, Korea Chapter, and other private organizations present "The Military Coalition" on June 22 at Freedom's Inn, Camp Humphreys. The theme: Private Organizations (What they do for you and your family). The event is scheduled from 5:30 to 8 p.m. Snacks and beverages will be provided. For information, call Maj. Lisa Keough at 753-8859, e-mail or elizabeth.keough@Korea.army.mil.

Organization sponsors post-wide run

AUSA plays unseen role in Area III life

Area III Public Affairs

CAMP HUMPHREYS - May 24 Soldiers here participated in the first "Post-Wide Run" held at Camp Humphreys.

The event, in which more than 3,000 Soldiers participated, was sponsored by the Association of the United States Army. AUSA provided fruit and beverages for the runners, banners and advertising for the event, certificates for corporate "good neighbors," and T-shirts for those Soldiers who became members of the organization at the end of the run.

AUSA is a "behind the scenes" participant in Area III and Camp Humphreys life. "We've sponsored a number of events," said Maj. Lisa Keough, of Area III AUSA. "They include the 23rd Area Support Group Ball, Area III Soldiers of the Year and NCO of the Year, scholarships at the education center each term that provide \$50 each for the first 15 students to sign up, and a 6th grader graduation ceremony each year at Humphreys American Elementary School.

"We have several "Right Arm" nights



Peter Yu, Area III Public Affairs, translates as Certificates of Appreciation are presented to Corporate Good Neighbors following the Post Wide Run May 24.

throughout the year," she continued, "and also sponsor corporate luncheons throughout the year. We're sponsoring another run around Labor Day."

AUSA corporate members are partners who sponsor events and Soldier-related activities such as bowling and softball teams with 10 percent discounts to AUSA members.

Although the Soldier comes first in AUSA, the organization also supports the entire Army community.

Those interested in AUSA membership may contact Keough at 011-9374-4962.

Korean Service Corps trains in battlefield support

By Roger Edwards

Area III Public Affairs

CAMP HUMPHREYS – Members of the 22nd Korean Service Corps Company, Camp Humphreys, have been busy with training lately.

Thirty-one Inland Petroleum Distribution System specialists, along with 23 specialists from three other companies from across Korea, traveled to Fort Pickett, Va., in April where they trained with the 267th Quartermaster Company and 977th Engineering Company.

While in Virginia, they participated in the construction of 20 miles of pipeline and four pump stations. The training was hosted by the 240th Quartermaster Battalion, Fort Lee, Va.

More recently the unit engaged in Common Task Training at Camp Humphreys May 24 and 25.

The 199 members of the unit spent two days refreshing their first aid, map reading, Nuclear, Biological and Chemical defense and weapons care skills.

The Korean Service Corps is organized to provide combat services to 8th U.S. Army and U.S. Forces Korea in the event of an emergency. They would drive ambulances, deliver supplies and ammunition, build pipelines and other structures and perform other tasks on and off the battlefield that do not require actual combat skills. There are 2,185 members in the Corps.



Members of the 22nd Korean Service Corps Company train with other Korean and American units at Fort Pickett, Va. in April. They participated in the construction of 20 miles of pipeline and four pumping stations.



during Common Task Training.



Yi H.K. is tested on his knowledge of mouth-tomouth resuscitation.



Members of the 22nd Korean Service Corps Company work in NBC gear during training at Fort Pickett, Va., in April.

Area III

June 10, 2005 http://ima.korea.army.mil/morningcalmweekly

New NCOs

Ten Soldiers of the 52nd Medical Evacuation Battalion were welcomed to the ranks of noncommissioned officers in a ceremony held at the Community Activity Center June 3. They are (front row) Sgts. Jamye Acevedo, Amarin Amnathavon, Devin Benallie, Zoe DeVille and Wilson Duran Also (back row) Sgt. Pete Hilger and Cpls. Kim Hak-soo, Lee Sung-ho, Lee Woo-bok, Park Jae-woo and Yoon Sung-ho.



COURTESY PHOTO



ANOURTESY PHOTO

Better Opportunities for Single and un accompanied Soldiers sponsored a commissary sweep June 3. Four two-person teams had three minutes each and a budget of \$57. Their goal — shop for nutritious and non-perishable commissary items in single-serving size, that would appeal to the Soldier and would not require anything more than a microwave oven for preparation. They were to collect the maximum number of such items possible without exceeding their budget.

Spc. Joseph Russell (left) and Sgt. Michael MacDonald, both of Charlie Company, 52nd Aviation Battalion, received a \$25 gift certificate and a bicycle each for their winning cart. "[This is a] positive reinforcement of what we have available for Soldiers," said MacDonald. "Soldiers have a hectic lifestyle and need examples of what's good to eat without adding extra pounds."

Did you change the date on Pg. 24?

Elevators will make life easier at Camp George

By Christie Vanover

Contributing Writer

CAMP GEORGE — Taking out the trash, walking the dog and getting groceries are more than simple chores for residents at Camp George because they involve traveling up as many as 80 stairs.

Anastasia Brown has to hike up 62 stairs to get to her fourth floor quarters in Building C.

"Saturday mornings are rough," she said because that's the day she shops at the commissary.

"It's difficult to unload the groceries and carry my three-anda-half-month-old son in a carrier up the staircase," said the mother of five. "We have to take a 20-minute break before we can even put the groceries away."

After one year of struggling, Brown's hiking days are soon to be over. The Area IV Housing Division, Korea National Housing Corporation and Korea Housing Management, have broken ground at three buildings to install elevators to the five-story highrises.

A ceremony was held May 31 to celebrate the new construction and the enhanced quality of life this will bring to residents.



From right to left: Nicole Nelson; Monica Park; Lena Allen; Antionette Webb; Lee, Jong-Dook; Jeong, Ji-Yool, Kwon, Hyeok-Dong and Kim, Jin-Ho shovel a spade of sand in front of the elevator construction site to signify the groundbreaking.

"Elevators are the number one quality of life project here at Camp George," said Charles Youngblood, chief of Housing Division, Area IV.

The construction initiative began two years ago, and in September, Area IV received approval to install three elevators in buildings B, C and D. Recently, it received approval to install elevators in the remaining buildings.

The first phase began this month

and should be completed by Sept. 30. The second phase is scheduled to begin next month and should be completed by May 2006.

"We're excited," said Youngblood. "We've received a lot of positive comments."

Approximately 50 people attended the groundbreaking ceremony, including Col. Donald Hendrix, commander, Area IV Support

"This elevator is the first of many steps along a long path of revitalizing these housing units," he said during the ceremony.

"Just over 20 years ago the U.S. and Korean governments created these quarters. A lot has changed, and the number one thing missing is elevators," he added.

To signify the new construction, eight people scooped a shovelful of sand at the site in front of Building D.

"We're excited to take the first spade of dirt to make the long walk up into a short ride up," said Hendrix.

Brown and her neighbors are pleased with the attention being paid to her quarters. "We really appreciate the effort," she said, "and we look forward to having the elevators."

Additional improvements are being planned for Camp George, including new playground equipment, new exterior paint and renovations for three-, four- and five-bedroom units.

"We want to take the housing area and completely revitalize it, increasing the space and morale," said Hendrix.

Camp Hialeah security guards honored

Gate patrol aids in capture of wanted man

By Pvt. Park Kwang-mo

Area IV Public Affairs

CAMP HENRY - Security guards may be some of the most underappreciated employees on our installation. Although they work 24 hours a day, 7 days a week to keep our installations safe, they are often forgotten, their presence at our gates taken for granted.

This changed recently, when the courageous actions of three security guards at Camp Hialeah earned them some well-deserved attention and showed their worth to the installation.

An award ceremony was held May 9 at the Camp Hialeah Post Headquarters Conference Room for three Group 4 Falck Company security guards (Kim Chi Kyum, Pak Sol Ha and Yim Seong Uk) for their actions in apprehending a criminal suspect April 24.

"It was around 12:30 a.m. when I first saw a suspicious-looking guy who has actually been wanted by the military police," said Pak, who

was on duty at Gate 1, April 24.

Arthur Choi had repeatedly purchased merchandise at the commissary using a counterfeit ration control card. That day, this intruder tried to drive through the gate, not realizing the three security guards were ready to detain him.

"We all acknowledge the wanted criminal. We were educated regularly and we know what we are supposed to do," said Yim with a calm voice.

Pak reported to the Security t h e i r Guard Office right away, when he checked the forged ration card. Meanwhile, Yim was standing next educate them what they have to do permission to leave (Absent Without to the car and kept talking to Choi, distracting from the others' efforts to get the MPs to the scene.

"I wanted to make him comfortable. Although I felt a bit tense inside, I kept talking naturally with a smile. Fortunately, he didn't seem to understand my intension until MPs came over him," said Yim.

Within five minutes, Choi was caught by the MPs.

"They performed well and did an outstanding job. Results show they are diligent and hard-working ... and

I am so proud that they work for the MPs. our safety," said Lt. Col. Jeffery K. Ludwig, installation commander at Camp Hialeah, upon presenting certificates of appreciation and unit coins to the three guards.

T h e results not only show three m e n 's abilities, but also reflect training.

and they are doing a great job in this case," said Choi Sang In, security guard commander.

our safety. "

Although they are all civilians, the security guards perform with military efficiency and order. "Guard mount" meeting is held every time before they go to work. During that time their clothing, readiness to their mission is checked to make sure it meets training standards. Furthermore, they have to remember who are on a "BOLO" list of people wanted by

The security guards' readiness and professionalism have resulted in other courageous actions before. About two years ago, guards blocked and arrested a man who

tried to enter post climbing over and hard-working people ... and the perimeter wall. Not long after that incident, they captured a Soldier without

Lt. Col. Jeffery K. Ludwig, Camp Hialeah installation commander

"Results show they are diligent

I am so proud that they work for

"Although our duty is to keep (everyone) here safe, I want to be kind and polite to anyone I meet during the day," said Pak, who was a Korean Augmentation to the U.S. Army Soldier in early 1990.

Ludwig not only praised the competent and committed security guards for the Group 4 Falck but also thanked all of the all-Korean security guards protecting U.S. military installations across the Korean Peninsula.

NEWS & NOTES

Equal Opportunity Representative Course

The Area IV Equal Opportunity Office is offering an Equal Opportunity Representative course Monday through June 24. Registration deadline is Wednesday. To sign up or for information, call Master Sgt. Matt DeLay at 768-8972, Sgt. 1st Class Stephanie Buxton at 768-8542 or Sgt. 1st Class Monte Tartt at 765-8692.

Food Handler Certification

The 154th Medical Detachment is offering a food handler certification class June 20. All Soldiers and patrons handling or serving food at public events are required to have the food handler certification. To sign up or for information, call Staff Sgt. Victoria Cobaris at 764-4618.

Army Birthday Celebration

This year's Area IV Army Birthday Celebration, open to all Area IV personnel and family members, is scheduled to kick off at 7 a.m. Tuesday, on Kelly Field at Camp Walker. The all-day event will feature sporting events and games culminating with the presentation of awards and the Commander's Cup. Other events include a streamer ceremony, barbecue, Republic of Korea Army Honor Guard performance, martial arts demonstration and more. Details are available at http://19tsc.korea.army.mil under "Hot Topics."

Army Birthday Ball

The U.S. Army's 230th Birthday Ball-South will be 6 p.m., June 18 at the GS Plaza Hotel in Daegu. Tickets for meals are \$35, or \$30 for vegetarian meals. For information, contact your unit representative or call Sgt. Maj. Shirley Kerlegan at 768-7423 or Sgt. Maj. Carey Grant at 768-8363. More details are available at http://19tsc.korea.army.mil under "Hot Topics."

Sure Start

The Taegu American School Sure Start program is accepting applications for fall 2005. Children must be four years of age or older by Oct. 31. Applicants must be military command sponsored and have ranks between E-1 and E-4. Class size is limited. Applications are due by Sept. 2. For information, call the school at 768-9501.

Rape, Drug and Fraud **Awareness Briefings**

The 20th Military Police Detachment (Criminal Investigation Division) on Camp Henry offers rape, drug and fraud awareness briefings upon request. All commanders and first sergeants are encouraged to schedule these briefings for the unit. To schedule a briefing or for information, call James Seaton at 768-8225.

Area IV International community unites to improve fire safety

By Christie Vanover

Contributing Writer

DAEGU — The Red, White and Blue got to show off its fire fighting power at an international expo over Memorial Day weekend.

The Area IV Fire Department represented the United States at the Fire and Safety Expo Korea 2005 at the EXCO Center in Daegu.

According to Bob Purvis, fire chief, Area IV, the event was established to stress fire safety following two recent disasters the Sept. 11, 2001, attacks on America and the Feb. 18, 2003, Daegu subway fire.

More than 3,000 people were killed in New York City, including 343 firefighters and paramedics. Approximately 200 were killed at the Joongang-ro station in Daegu, when an arsonist set fire to a stopped train.

Vendors displayed equipment, apparatus and tools that could enhance the future of fire safety, including items that would have helped back in 2003. "They displayed a new subway car with flame-retardant and smoke-resistant interiors," said Purvis.

There were approximately 800 booths at the Expo from 15 countries and 250 companies.

Purvis and about 40 members of his Area IV fire team put up a fire department display, showcasing a



A Korean firefighter demonstrates the "motor cycle" apparatus used to extinguish vehicle fires during the Fire and Safety Expo Korea 2005 at the EXCO Center in Daegu.

ladder truck, a U.S.-made pumper and a Korean-made pumper. They also showcased some of their hazardous material equipment and fighting gear.

"It meant a lot to my staff to be able to participate in this. It was their chance to show off their new equipment that they're so proud of," said Purvis. "The don't get many opportunities to show the outside world what they do."

In addition, his staff played a part in an outdoor demonstration that simulated that the EXCO Center was on fire. It involved rescue maneuvers and fire extinguishing.

"Plus, they got to see some new technology and attend some fire



Republic of Korea Army soldiers respond to a simulated terrorist attack during the Fire and Safety Expo Korea 2005 at the EXCO Center in

safety classes. They loved the camaraderie." Purvis added.

Quarterly, the Area IV Fire Department responds to about 200 alarms. In the past year, they have put out five fires on bases.

Purvis said his crew has also assisted with two fires off post. "In Korea, they use similar techniques, adopting a command center and working together."

Although technology might be different throughout the world, as seen at the Expo, "Fire fighting is fire fighting no matter where you're at," said Purvis.



One of 4 Air Support's helicopters demonstrates during the Fire and Safety Expo Korea 2005 how it is used to extiguish mountain fires.



A Korean firefighter responded to "victims" of a simulated Weapon of Mass Destruction at the Fire and Safety Expo Korea 2005.



Crew Chief Son Sang-hwa, Camp Walker Fire Department, explains breathing apparatus to Korean fire officers.

Dano Festival provides cultural experience, fun

By Kevin Jackson

Area IV Public Affairs

CAMP HENRY – Daegu City is celebrating the Dalgubeol Dano Festival, or the fifth day of the fifth lunar month today through Sunday, and is encouraging members of the U.S. Army community here to join in the fun.

The Daegu Tourist Information Center is providing a 24-passenger bus to pick up people at the Camp Walker Post Exchange on Saturday and Sunday and take them to the Daegu Tourist Information Center in Duryu Park, which is across the street from Woobang Land. Passengers can board the bus Saturday at 2 p.m., 4 p.m. and 6 p.m., and Sunday every two hours from 10 a.m. to 6 p.m. The bus will depart DTIC to bring visitors back to post 30 minutes prior to the aforementioned pick-up times.

Some of the scheduled traditional activities include palace music, totem pole carving, kite flying, a drum dance contest, fan dance, and much more. A complete list of performances and demonstrations is provided in the accompanying story.

The festival will also include experiential cultural activities on Saturday and Sunday from 10:30 a.m. to 6 p.m. Visitors can participate in carrying an A-frame, stone grinding,

"nol-ttwigi" or seesaw jumping, learning traditional farm music, making pottery and rice paper, enjoying a traditional Korean tea ceremony, flying a kite and much more.

Dano is the Republic of Korea's third most important holiday following Chuseok and Lunar New Year. It is Korea's oldest holiday having originated in China more than 2,500 years ago and marks the beginning of summer on the fifth day of the fifth lunar month. On this day people traditionally pray for favorable weather for farming and fishing, and for a bountiful fall harvest.

"Ssirum" or traditional Korean wrestling, which is similar to Japanese sumo fought between two opponents in a sand ring, is often one of the associated activities, although it will not be part of the festival in Daegu.

During Dano younger women traditionally add luster to their hair by washing it in "changpo" or hot water with boiled iris leaves as a means to ward off evil spirits and participate in "geune-ttwigi" or swing standing on ropes looped on trees. In the literal sense, Dano provided a day of freedom for Korean women who were routinely kept behind closed doors in accordance with strict Confucian societal rules during the Joseon Dynasty (1392-1910).

For information about the Dalgubeol Information Center at 677-8900.

Dano Festival, call the Daegu Tourist

Dano Festival Schedule

Area IV Public Affairs Office

CAMP HENRY, Republic of Korea – Following is the schedule of events for the Dalgubeol Dano Festival held today through Sunday at the Sotdae Plaza, adjacent to the Daegu Tourist Information Center in Duryu Park. For transporation, see the bus schedule from Camp Walker in the accompanying

story. Friday

10 a.m. "Gilnori" (Percussion Performance) 10:30 a.m. Traditional Korean Kite Flying

2:30 p.m. Carving Totem Poles / Nalmoe Bukchum (Drum Dance)

7:30 p.m. Monks Traditional Dancing

Saturday

10:30 a.m. "Pungmul" Bisan Farming Music (Drumming, Singing and

Dancing Performance)

11 a.m. Opening Ceremony with Second ROK Army Band and Drill

Team

11:30 a.m. Korean Fan Dance / Folk Songs / Various Martial Arts

Demonstrations

Making Straw Rope Demonstation 12:00 p.m. Nalmoe Bukchum Contest (Drum Dance)

1 p.m. Sunday

"Pungmul" Bisan Farming Music (Drumming, Singing and 10 a.m.

Dancing Performance)

Changing the Roof of "Choga" (Korean House) 11:30 a.m. "Nol-ttwigi" Demonstration (Korean Seesaw) 1 p.m.

Finger Painting Demonstration 2 p.m. Pantomime Performance 3:30 p.m. Korean Folk Songs Performance 4:30 p.m. Taekwondo Demonstration 5 p.m.

Closing Ceremony (Variety of entertainment) 7:30 p.m.

19th TSC plans Army birthday celebration, ball

Master Sgt. Kimberly Williams

19th Theater Support Command Public Affairs

CAMP WALKER -- The U.S. Army will celebrate its 230th Birthday Tuesday. In honor of that milestone, the 19th Theater Support Command and Area IV are hosting an all-day celebration Tuesday and an Army Birthday Ball June 18.

The Army Birthday Celebration, which kicks off at 7 a.m. on Kelly Field at Camp Walker, will feature championship playoffs of sporting events and games, such as softball, tug-of-war, 5K run, horseshoes and checkers, culminating in an awards presentation and the presenting of the Commander's Cup around 2:15 p.m., said Sgt. Maj. Joseph Velez, 19th TSC, who helped coordinate the two events.

Other events planned for the day include a streamer ceremony, barbecue, a performance by the Republic of Korea Army Honor Guard, a martial arts demonstration and many other games and events for "kids" of all ages.

Following the celebration, there will be a steak and seafood dinner, Velez said. For tickets to the barbecue or evening dinner, contact your unit representative or call either Master Sgt. Carter at 768-



Army Pho

Members of the 2nd Republic of Korea Army Honor Guard will perform again this year at the Army Birthday Celebration Tuesday.

8509 or Sgt. 1st Class Brown at 768-4855.

All Soldiers, civilians and family members in Area IV are encouraged to attend the celebration and cheer for the Soldiers and units as they compete, Velez said.

June 18, the U.S. Army 230th Birthday Ball-South will take place at the GS Plaza Hotel in Daegu, beginning at 6 p.m.

This time-honored tradition will give Soldiers, family members and civilian employees a chance to formally honor the U.S. Army and its Soldiers for defending freedom and democracy for more than two centuries, Velez said.

Tickets are on sale for \$35 for a regular meal or \$30 for a vegetarian meal. The uniform for Soldiers will be Mess/Dress Blues or Class A's with white shirt and bow tie. For family members and civilians, the dress code is black tie/formal attire.

A bus will be provided for transportation to the hotel. The schedule of times and locations for the bus can be found at the Web site listed below.

To purchase a ticket, contact your unit representative or call Velez



The Army Birthday Celebration Tuesday will include a streamer ceremony, like this one conducted at last year's celebration.

at 768-6322 or Sgt. Maj. Carey Grant at 768-8363.

Details about the 19th TSC and Area IV Army Birthday Celebration and Ball are available at http://19tsc.korea.army.mil under "Hot Topics."

인터넷 중독증에 대하여

일병 서기철

**인터넷 중독의 정의

인터넷 중독이란 지나치게 많은 시 간을 인터넷에 할애하여 채팅 (chatting)을 하거나. 대인관계를 현실에서 보다는 주로 사이버 공간 에서 가지거나, 사이버 공간에서의 도박, 상거래, 정보수집이 과도한 경 우 즉, 다양한 행동양상을 가지는 충 동조절의 장애이다.

그런데 일반적으로 정신의학에서 '중독증'이라고 진단을 하려면 어떤 대상에 지나치게 몰두하고 탐닉할뿐 만 아니라 의존성과 내성 그리고 금 단증상이 있어야 한다. 인터넷 중독 증을 가진 사람인 경우에는 답답하 거나 무료할 때 인터넷에 접속하고 싶어하고 접속을 통해 마음의 위안 을 느끼는 심리적인 의존이 있고, 접 속해 있는 시간이 점점 길어지고 작 업의 능률은 떨어지는 내성이 생기 고, 접속을 안 하게 되면 뭔가 불안 하고 초조하며 새로운 e-mail이 와 있을 것 같은 생각이 들기도 하고 인 터넷에서 어떤 일이 일어나는지 궁 금해 하기도 하는 금단증상이 생긴 다. 게다가 마치 도박할 때 패를 보 기 전에 긴장이 고조되다가 막상 패 를 보는 순간 긴장이 해소되면서 쾌 감을 느끼듯이 접속하기 전 긴장이 고조되고 접속 후에는 긴장이 순간 적으로 해소되면서 심지어 쾌감을 느 끼기도 한다.

이러한 증상들이 반복되고 만성화 되면서 정도가심해지고 건강이나 사 회활동, 직업활동에 장애를 가져오 게 되면 하나의 질병인 인터넷 중독 증이 된다.즉, 제대로 자지도 않고 불규칙적인 생활을 하면서 식사를 거 르기도 하여 건강을 해치거나,인터 넷을 하느라 친구와도 멀어지고 가 족과도 멀어져서 심지어 애인이 떠 나고 가족도 버리는 지경에 빠지거 나, 밤에 인터넷 하느라 직장생활에 장애를 가져오고 학업성적이 떨어지 는 상황이 되면 하나의 질병이 되는 것이다.

**인터넷중독의 요인

사람에게는 인터넷 상에서 행하는 일이나 만나는 사람에 대해 감정적 인 애착반응이 일어난다. 그래서 채 팅 같은 것을 통해 새로운 사람과 만 나 이야기를 나누면서 즐거움을 느 끼게 된다. 이러한 가상세계는 현실 로부터 도피할 수 있는 통로를 제공 하고 현실에서 충족되지 못한 감정 적인 심리적인 욕구를 충족시켜주기 때문이다.

인터넷은 자신을 드러내지 않는 익 명성을 제공해 준다. 그래서 평상시 에는 드러낼 수 없었던 가슴속 깊은 곳에 있는 감정이나 비밀을 드러낼 수 있게 된다. 이렇게 되면 상대방 에 대해 매우 친근함을 느끼는 것으 로 착각하게 되기 때문이다. 그렇지 만 실제로 사랑과 보호를 받을 수 있 는 사람은 현실 속의 사람이지 인터 넷 속의 사람이 아니기 때문에 크게 실망하고 좌절하여 고통을 겪게 된 다.

인터넷에서는 여러 개의 ID를 가 질 수 있으므로 자신의 마음 속에 있 는 여러 가지 자아상태를 표현할 수

있다. 즉, 지킬 박사와 하이드 처럼 자 신의 마음속의 다중 인격을 표현하고 느끼고 체험할 수 있다는 것이다.

그리고 인터넷은 무한히 크고 넓어서 마치 거대한 우주나 절대자의 모습으 로 비춰지기도 한다. 이는 우리의 무 의식 속에 있는 무한성에 대한 희구가 투사되기도 하고 자신의 미약함이 투 사되기도 하여 인터넷을 무의식적으로 숭배하게 되는 것이다.

그리고 인터넷에는 여백의 공간이 있 어 자신이 마음먹은 데로 만들 수 있 다. 거대한 사회의 부속품으로 존재하 고 있는 현실과는 달리 자신이 감독하 고 연출하고 연기해내는 즉, 내면의 창 조성을 발휘할 수 있는 공간이 있기 때 문이다.

또한인터넷 속에서는 많은 정보가 있 어 우리가 가진 호기심을 충족시켜 주 고 모든 것을 알아야 겠다는 강박성을 자극하기도 한다. 또. 자신이 원하는 데로 클릭하기만 하면 자신이 원하는 세상이 펼쳐지기 때문에 권력의 한 속 성을 느낄 수도 있다. 게다가 인터넷 속에서는 누구도 차별 받지 않는 평등 성이 있고 누구라도 받아들이는 포용 성이 있으며 질문에 즉각적으로 답해 주는 친절성이 있다. 그렇지만 무엇보 다도 재미있기 때문이다.

**인터넷 중독의 해결방법

1. 컴퓨터를 켜고 끄는 시간을 정하 고 꼭 지키도록 노력한다.

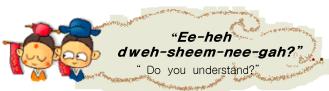
심심하여 통신에 접속하거나 연락 올 것도 없는데 공연히 전자메일이나 미 니홈피를 열어보는 행동은 금물이다.

- 2. 되도록 자신에게 주어진 다른 일 을 다 끝마친 후에 컴퓨터를 켜도록 한 다. 일을 하기전 우선 순위를 따진 후 에 일을 하도록 한다.
- 3. 공부방에 있는 컴퓨터를 거실로 옮 겨 가족의 감시하에 있는 것도 좋은 방 법이다.여러 사람이 쓰다보면 개인이 인터넷을 사용하는 시간이 줄어들 것 이기 때문이다.
- 4. 불필요한 게임 및 오락CD는 정리 하고 게임 파일을 삭제하는 것이 좋다. 게임에 몰입하다보면 자기도 모르는 사 이에 많은 시간이 흘러 다른 일에 투 자할 시간이줄어들기 때문이다.
- 5. 쉬는 시간에 계속 컴퓨터 앞에 앉 아 있지 말고 그 쉬는 시간 동안 적절 한 운동을 규칙적으로 하도록 노력한 다.바깥바람을 쐬거나 맨손체조를 하 는 게 도움이 된다.
- 6. 되도록 모니터 앞에서 식사는 하 지 않도록 한다. 밖으로 나가서 식사 를 하기보다는 되도록 안에서 식사하 기를 원하며 간단한 인스턴트식사를 선 호하며 빠른 시간 내에 식사를 하는 이 유로 위장관계질환을 가질 확률이 높 다.
- 7. 사이버공간이 아닌 현실공간에서 의 대인관계를 늘이도록 노력해야 한 다. 사이버에서의 채팅이 아닌 찻집에 서의 만남 및 공원에서의 만남도 좋은 방법이 될 수 있다.
- 8. 이런 노력이 해결되지 않는다면 정 신과 상담을 받아 보시는 것이 한 방 법이 될 수 있다.

This article is about "Internet Addiction"

Learn Korean Easily





Minsook Kwon

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Word of the week

o; silent. l; ee / ㅎ;h, ㅐ;eh

understanding

The phrase of the week

"I can understand."

Ee-heh dwehm-nee-dah.

understand

Conversation of the week

영어로 이해 되십니까? Young-oe-ro ee-heh dweh-sheem-nee-ggah?

Can you understand in English?

아니오.

No, I can't.

Ah-nee-oh.

Why?

왜요. Weh-yo?

어려워서요.

Because it is hard to

Oe-ryoe-woe-soe-yo.

understand.

뭐가 어려우세요?

What is hard for you?

oe-ryoe-oo-seh-yo?

It is (listening).

(듣기)요.

(Duet-gee) yo.

발음)(bah/-uem)(pronunciation) 호 호 (*hweh-hwah*)(conversation)

Share this column with a Korean co-worker.